

South Plains College
Common Course Syllabus: PSYC 2314
Fall 2022

Department: Behavioral Sciences

Discipline: Psychology

Course Number: PSYC 2314

Course Title: **Lifespan Growth and Development**

Available Formats: Campus Lecture, Online, Online Lecture

Campuses: Levelland, Reese, Plainview, Lubbock Center, Online, and Online DualCredit

Course Description: **Life-Span Growth and Development is a study of social, emotional, cognitive and physical factors and influences of a developing human from conception to death.**

Prerequisite: TSI reading compliance for Online

Credit: 3 **Lecture:** 3 **Lab:** 0

Textbook: *Lifespan Development: A Psychological Perspective*, Lally, M. & Valentine-French, S. (2017).

This textbook can be accessed for free at the following web address:

<http://dept.clcillinois.edu/psy/LifespanDevelopment.pdf>

This course partially satisfies a Core Curriculum Requirement: Social and Behavioral Science Foundational Component Area (080)

Core Curriculum Objectives addressed:

- **Communications skills**—to include effective written, oral and visual communication
- **Critical thinking skills**—to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information
- **Empirical and quantitative competency skills**—to manipulate and analyze numerical data or observable facts resulting in informed conclusions
- **Social Responsibility**—to include the demonstrated knowledge and competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities

Student Learning Outcomes: Students who have successfully completed this course are expected to be able to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.
2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.

4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
7. Discuss the various causes or reasons for disturbances in the developmental process.

Student Learning Outcomes Assessment: Marcie Miller is the faculty member who is responsible for the assessment of the student learning outcomes. She will be sending a list of which SLOs will be assessed for each semester. There are 7 outcomes and these are rotated. Mrs. Miller is also the person responsible for entry of the data into Task Stream for documentation.

Course Evaluation: See the instructor's course information sheet for specific items used in evaluating student performance. However, all courses will have multiple exams and written work that is designated by the instructor of record.

Attendance Policy:

Instructors will create an attendance policy that is consistent with the "Class Attendance" policies stated below in the *SPC General Catalog*:

Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.

When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay in reporting to a class after official enrollment, absences will be attributed to the student from the first-class meeting.

Students who enroll in a course but have "Never Attended" by the official census date, as reported by the faculty member, will be administratively dropped by the Office of Admissions and Records. A student who does not meet the attendance requirements of a class as stated in the course syllabus and does not officially withdraw from that course by the official census date of the semester, may be administratively withdrawn from that course and/or receive a grade of "X" or "F" as determined by the instructor. Instructors are responsible for clearly stating their administrative drop policy in the course syllabus, and it is the student's responsibility to be aware of that policy.

It is the student's responsibility to verify administrative drops for excessive absences through Texan Connect. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment.

See instructor's Course Information Sheet for additions to the attendance policy.

COVID Statement: If you are experiencing any of the following symptoms, please do not attend class and either seek medical attention or test for COVID-19.

- Cough, shortness of breath, difficulty breathing
- Fever or chills
- Muscles or body aches
- Vomiting or diarrhea
- New loss of taste and smell

Please also notify DeEtte Edens, BSN, RN, Associate Director of Health & Wellness, at dedens@southplainscollege.edu or 806-716-2376. Proof of a positive test is required. A home test is sufficient, but students must submit a photo of the positive result. The date of test must be written on the test result and an ID included in the photo. If tested elsewhere (clinic, pharmacy, etc.), please submit a copy of the doctor's note or email notification. Results may be emailed to DeEtte Edens, BSN, RN at dedens@southplainscollege.edu.

A student is clear to return to class without further assessment from DeEtte Edens, BSN, RN if they have completed the 5-day isolation period, symptoms have improved, and they are without fever for 24 hours without the use of fever-reducing medication.

Students must communicate with DeEtte Edens, BSN, RN prior to their return date if still symptomatic at the end of the 5-day isolation.

Plagiarism and Cheating: Students are expected to do their own work on all projects, quizzes, assignments, examinations, and papers. Failure to comply with this policy will result in an F for the assignment and can result in an F for the course if circumstances warrant.

Plagiarism violations include, but are not limited to, the following:

1. Turning in a paper that has been purchased, borrowed, or downloaded from another student, an online term paper site, or a mail order term paper mill;
2. Cutting and pasting together information from books, articles, other papers, or online sites without providing proper documentation;
3. Using direct quotations (three or more words) from a source without showing them to be direct quotations and citing them; or
4. Missing in-text citations.

Cheating violations include, but are not limited to, the following:

1. Obtaining an examination by stealing or collusion;
2. Discovering the content of an examination before it is given;
3. Using an unauthorized source of information (notes, textbook, text messaging, internet, apps) during an examination, quiz, or homework assignment;
4. Entering an office or building to obtain unfair advantage;
5. Taking an examination for another;
6. Altering grade records;
7. Copying another's work during an examination or on a homework assignment;
8. Rewriting another student's work in Peer Editing so that the writing is no longer the original student's;
9. Taking pictures of a test, test answers, or someone else's paper.

Student Code of Conduct Policy: Any successful learning experience requires mutual respect on the part of the student and the instructor. Neither instructor nor student should be subject to others' behavior that is rude, disruptive, intimidating, aggressive, or demeaning. Student conduct that disrupts the learning process or is deemed disrespectful or threatening shall not be tolerated and may lead to disciplinary action and/or removal from class.

Diversity Statement: In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

Disability Statement: Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Lubbock Centers (located at the Lubbock Downtown Center) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

Nondiscrimination Policy: South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

Title IX Pregnancy Accommodations Statement If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To activate accommodations, you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact the Director of Health and Wellness at 806-716-2362 or [email cgilster@southplainscollege.edu](mailto:cgilster@southplainscollege.edu) for assistance.

Campus Concealed Carry: Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations and Frequently Asked Questions, please refer to the Campus Carry page at: <http://www.southplainscollege.edu/campuscarry.php>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

SPC Bookstore Price Match Guarantee Policy:

If you find a lower price on a textbook, the South Plains College bookstore will match that price. The difference will be given to the student on a bookstore gift certificate! The gift certificate can be spent on anything in the store.

If students have already purchased textbooks and then find a better price later, the South Plains College bookstore will price match through the first week of the semester. The student must have a copy of the receipt and the book has to be in stock at the competition at the time of the price match.

The South Plains College bookstore will happily price match BN.com & books on Amazon noted as *ships from and sold by Amazon.com*. Online marketplaces such as *Other Sellers* on Amazon, Amazon's Warehouse Deals, *fulfilled by Amazon*, BN.com Marketplace, and peer-to-peer pricing are not eligible. They will price match the exact textbook, in the same edition and format, including all accompanying materials, like workbooks and CDs. A textbook is only eligible for price match if it is in stock on a competitor's website at time of the price match request. Additional membership discounts and offers cannot be applied to the student's refund. Price matching is only available on in-store purchases. Digital books, access codes sold via publisher sites, rentals and special orders are not eligible. Only one price match per title per customer is allowed.

Note: The instructor reserves the right to modify the course syllabus and policies, as well as notify students of any changes, at any point during the semester

Instructor's Course Information: Dr. Diane Wittie

Course Information: PSYC 2314 – 604 (Lifespan Growth & Development)
Tuesday/Thursday, 9:30 to 10:45 AM, Lubbock Downtown Center, Room 2009

Course Website: Blackboard (southplainscollege.blackboard.com)

Email Address: dwittie@southplainscollege.edu

Blackboard: This is a **conventional (face-to-face)** course and will be conducted completely in person. Course assignments will be submitted in Blackboard and during class time. You may use my email address to contact me outside of class time.

Office Hours: M/W, 1-4 PM, Levelland (AD119); T, 11 AM – 12:00 PM, Lubbock Downtown Center (2017); F, 11 AM – 12 PM, Levelland (AD119)

Instructor Office Phone: 806-716-2468 (This number calls directly to my office in Levelland, but since I also teach in Lubbock, it is better to contact me by my email. If you do leave a voice message, make sure to state your FULL name and the name of the **course/section** you are in.)

Textbook: *Lifespan Development: A Psychological Perspective* by M. Lally and S. Valentine-French. This is an OER (open resources) textbook that is available on Blackboard at no cost to the student.

Instructor's Course Policies:

General Expectations/Policies for Students: *I would like to welcome each of you to an environment of community, pride, courtesy, and utmost respect; we are all here to work cooperatively and to learn together. I am honored to have you in my class this semester and want to thank you in advance for the time and hard work that you will put into this learning experience.*

*One of the keys to being successful in college is to **communicate with your instructor**. Feel free to email me if I can help you be successful in this course. I wish you luck this semester and hope that the grade you achieve will reflect the effort you put into it. Please make every attempt to keep up with all assignments. This includes keeping up with the fast-pace of this course by completing all assignments, exams and papers/projects on time.*

*If you miss a class meeting for any reason, **YOU** are responsible for all material covered, for announcements made in your absence, and for acquiring any materials that may have been distributed in class. I do **NOT** give out my notes so you will need to get those from another student. There are no recordings of class lectures for this course.*

Attendance: Attendance in this course is the **active submission of coursework** before the scheduled due date and time (on-time). Each non-submission of assignments, papers, or exams counts as an absence. If you need to miss any portion of the course assignments (although not advised) please let the instructor know in advance, within 3 days of missing. If you miss “class” and have an SPC approved excuse (i.e., you are

representing SPC at an official school function or celebrating a religious holy day) or a notice of absence from the Office of the Dean of Students, it is **your** responsibility to provide the **written excuse** from the school. In the case of an excused absence, you are still responsible for all missed readings, work, materials, and assignments.

Administrative Drop Policy: Per SPC's attendance policies, the instructor reserves the right to drop a student for excessive absences. Due to Financial Aid and South Plains College requirements for participation/attendance, a student who fails to turn in 5 assignments during the semester may be dropped with a grade of "X" from the course. Assignments in this context refer to the chapter assignments as well as application assignments, exams, essays, projects, and discussions.

Class Withdrawal: It is the full responsibility of the **student** to personally withdraw from the course if needed. A student who has already missed or has had difficulty completing modules, assignments, papers/projects, exams, and/or anticipates difficulty in completing the course to his/her satisfaction is encouraged to give withdrawal all the consideration it is due. Students should discuss progress and grades with the instructor prior to making a withdrawal decision.

Technology Policy: Blackboard (<http://southplainscollege.blackboard.com>) is the learning management system used to take exams and submit assignments.

It is essential that you have reliable access to the Internet, appropriate devices/software, and a working knowledge of Blackboard. You should always have a backup plan in place should you encounter computer or internet problems. There are open computer labs available to all enrolled SPC students on all campuses. It is also the student's responsibility to have the required computer skills to complete this course. Should you encounter technical difficulties contact your instructor immediately as well as **SPC technical support at blackboard@southplainscollege.edu** or call (806) 894-9611, ext. 2180. Be sure to include your full name, course number, section number and a number where you can be reached when contacting technical support. Not knowing how something works or having personal computer or Internet difficulties will not suffice as an excuse for missed deadlines and will not constitute extensions or do-overs.

Communication: You are expected to frequently check your SPC email and any announcements made in Blackboard Announcements. Your instructor will check SPC email each business day and will respond to communication within 1 business day.

Student Conduct: In conjunction with the policy stated in the Common Course Syllabus, one must uphold proper and respectful communication with the instructor and fellow classmates at all times. All interactions will remain civil. Repeated violations of this policy may result in the student being dropped from the course.

Written Work: All written work should be presented using the conventions of Standard Written English. South Plains College requires all students to become proficient in "academic English," a form of English that is typically used in academic, professional, and business contexts. While slang, regional idioms, and informal kinds of self-expression are appropriate in some contexts, they are out of place in academic writing. This will relate to all written work done in the course including discussions and assignments.

Late work: Late work is not allowed! Late assignments constitute those which have been initially submitted incorrectly, in a format other than Microsoft Word, or are submitted at any time after the deadline on the date it is scheduled. After contacting the instructor, upon approval, a new due date will be given for either the original assignment or an alternative assignment of equal value. If the student fails to meet the revised due date, then a zero (0) for the assignment will be given.

Extra Credit Activities: There will be **one** extra credit assignment (worth 5 points) available in Blackboard.

Academic Integrity: In addition to the Plagiarism and Cheating policy in the Common Course Syllabus, it should be understood that students found guilty of cheating or plagiarism will earn a zero on the work in question for the first offense and will be dropped from the course with an ‘F’ should a second offense occur. Any amount of dishonesty is subject to these consequences, whether a lot or a little; this can include but is not limited to one copied sentence in an essay, a missing or incorrect citation, an entire paper copied from someone/somewhere else, one plagiarized idea or post on a discussion board, one copied exam item or an exam, other coursework completed by someone other than yourself, or dishonestly using Internet searches and sites to complete your work. You have also committed academic dishonesty when sharing course content, assignments, items, or answers. This includes sharing course content with classmates or future students as well as sharing or posting course content on websites such as Quizlet, Course Hero, or similar “study applications.” The information and assignments in this course are proprietary and are not yours to share. For further information and examples please see the Catalog, Student Guide, or refer to www.plagiarism.org

Grading Policy & Method of Evaluation: All grades and feedback on coursework will be delivered in Blackboard. You will find these posted in the My Grades area of our Blackboard course.

It is possible to earn up to **660** points in this course. Your grade will be determined by a cumulative point total based on the following grades:

	Amount to be completed	Total Points Possible	Points earned by you this semester
Getting to Know You Quiz	1 @ 10 points	10	
Activities (i.e. discussions, blogs, assignments, reflections, etc.)	5 @ 20 points each	100	
Journals	3 at 50 points each	150	
Exams	4 @ 100 points each	400	
Total	-----	660	

At the end of the session, all points earned by you this session will be added up. Your Point Total will determine your final letter grade by using the following scale/point ranges:

A = 594 – 660 points B = 528 – 593 points C = 462 – 527 points D = 396 – 461 points F = 0 – 395 points
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Getting to Know You Quiz (10 points): To familiarize yourself with the course website, test-taking in **Blackboard**, and help me get to know you, please complete a short quiz labeled “Getting to Know You” before **10:00 PM this Thursday (Sept. 1)**. You will find the quiz listed in the left side-bar in Blackboard.

Journals (150 points): You will complete 3 journals throughout the semester applying course concepts related to the field of psychology. The purpose of this assignment is for you to reflect and analyze critically course said concepts and/or societal issues related to psychological. More information will be provided about these journals on Blackboard. See the course schedule below for due dates.

Activities (100 points): There will be 5 Activities (discussions, reflections, blogs, etc.) throughout the semester. Make sure you will be well prepared for these activities by reading the assigned course readings and viewing the supplemental material/resources to ensure your success on these activities.

Exams (400 points): There will be 4 non-cumulative exams during the semester covering material presented in the textbook and in Blackboard. Exams will include 50 multiple-choice, true-false, and short answer/essay questions. **All exams are given Blackboard, therefore there will be NO F2F CLASS on the days of the exams.** See the course schedule on the following page for dates and times for the online exams. A 70-minute timer is set in **Blackboard** for you to complete the exams. Once you begin an exam, you will NOT be able to exit out of it. Make sure you are prepared and ready to complete the exam in one sitting. You are allowed to use your textbook and class notes to complete the exams.

1. **Special Requirements:** If you miss an exam, you cannot make it up, but there will be an optional CUMULATIVE final exam available which can be used to replace either your lowest score or an exam you missed. If you miss more than two exams, you will be asked to drop the class.

Course Calendar: PSYC-2314-604 – Lifespan Growth & Development

The instructor reserves the right to change the course outline as needed and will inform students of any changes.

To prepare for each week, it is in your best interest to read the assigned chapters on your own. Take detailed notes on these chapters and use any other materials provided. Even on days when nothing is due, you should be reading, studying, viewing supplemental materials, reviewing, or rereading!

DATE	Topic:	DUE DATES
Week 1 (8/30 and 9/1)	T: Introduction; “THIS IS US” TH: Syllabus, Activity 1 ; Take the “Getting to Know You” Quiz (10 points)	T: TH: Due by 10 PM, Thurs., Aug. 31
Week 2 (9/6 and 9/8)	T: Chapter 1 “Introduction to Lifespan Development” TH: Ch. 1	T: TH:
Week 3 (9/13 and 9/15)	T: WHAT IS “Good” Research??? (Evaluating Research) TH: Video “Life’s Greatest...” (prenatal stages, birth of baby); Activity 2	T: TH:
Week 4 (9/20 and 9/22)	T: Chapter 2 “Hereditry, Prenatal Development, and Birth” TH: Ch. 2	T: TH:
Week 5 (9/27 and 9/29)	T: Chapter 3 “Infancy and Toddlerhood” TH: Journal 1 AND Exam 1; NO F2F CLASS	T: TH: Due by 10 PM, Wed., Sept. 28
Week 6 (10/4 and 10/6)	T: Chapter 4 “Early Childhood” TH: Ch. 4	T: TH:
Week 7 (10/11 and 10/13)	T: Chapter 4 TH: Ch. 5 “Middle and Late Childhood”	T: TH:
Week 8 (10/18 and 10/20)	T: Chapter 5 TH: Ch. 6 “Adolescence”; Activity 3	T: TH:
Week 9 (10/25 and 10/27)	T: Chapter 6 TH: Exam 2; NO F2F CLASS	T: TH: Due by 10 PM, Thurs., Oct. 26
Week 10 (11/1 and 11/3)	T: Chapter 7 “Emerging and Early Adulthood” TH: Ch. 7	T: TH:
Week 11 (11/8 and 11/10)	T: Chapter 8 “Middle Adulthood” TH: Ch. 8; Journal 2	T: TH: Due by 10 PM, Thurs., Nov. 9.
Week 12 (11/15 and 11/17)	T: Chapter 9 “Late Adulthood” TH: Ch. 9; Activity 4	T: TH:
Week 13 (11/22) Holiday 11/23-11/25	T: Chapter 10 “Late Adulthood”; Activity 5 TH: Holiday	T: TH:
Week 14 (11/29 and 11/30)	T: Chapter 10 TH: Exam 3; NO F2F CLASS	T: TH: Due by 10 PM, Thurs., Dec. 1
Week 15 (12/6 and 12/8)	T: Guest Speaker TH: Journal 3	T: TH: Due by 10 PM, Thurs., Dec. 8
Week 16 (12/15)	T: Exam 4 (“Final Exam”) NO F2F CLASS	T: 8:00 a.m. to 10:00 AM

Note: You are strongly encouraged to develop a system for keeping up with these deadlines. This might include printing out this document and hanging in your home. Other options include writing deadlines in your own planner or calendar, adding reminders in your phone or on other devices, or adding reminders/deadlines to the Blackboard calendar on your own.